

OHA ANNUAL MEETING 2023

EMPLOYEE WELL-BEING TRACK SCHEDULE

Day	Time	Presentation Name	Description	Presenters
Tuesday	8-9 a.m.	Well-Being in Ohio: Support They Need, When They Need It	This session will explore the statistics of health care worker burnout and the new online, free and anonymous service available to all licensed medical professionals and students to address burnout.	Brian J. Santin, MD, FACS, FSVS, RPVI, CPPS, vascular surgeon and CMO, Clinton Memorial Hospital / Ohio Vein & Vascular, Inc. Todd Baker, CEO, Ohio State Medical Association Richard N. Whitney, MD, DABAM, FASAM, medical director, Ohio Professionals Health Program
Tuesday	9:45-10:15 a.m.	Sustaining the Mental and Physical Resilience of Healthcare Workers and First Responders	This session will discuss an evidence-based worksite mindfulness program, yielding sustainable mental health and resilience benefits for health care workers, was enhanced to incorporate additional physical/mental health components targeting the unique needs of first responders. Delivery of this enhanced programming, available via a mobile device-flexible application, supports improved accessibility and workflow integration for both populations.	Catherine Quatman-Yates, DPT, PhD, assistant professor, Ohio State University School of Health & Rehab Sciences Maryanna Klatt, PhD, director, Center for Integrative Medicine & professor, Department of Family Medicine, Ohio State University College of Medicine Beth Steinberg, PhD, RN, research coordinator, The Ohio State University Wexner Medical Center and OSU Center for Integrative Medicine
Tuesday	10:15-10:45 a.m.	Implementation of a Therapy Dog Program to Support Clinician Well-being	This presentation will describe the administrative and regulatory planning, as well as the development, expansion and benefits of Buckeye Paws™, a successful therapy dog program targeted to support the mental health and well-being of staff, faculty and students at the Wexner Medical Center and The Ohio State University.	Beth Steinberg, PhD, RN, research coordinator, The Ohio State University Wexner Medical Center and OSU Center for Integrative Medicine Mary Justice, MBA, senior fiscal officer, director, Entrepreneurial Services, Ohio State University College of Nursing Aimee Mitchell, BS, program manager, Buckeye Paws, The Ohio State University Wexner Medical Center
Tuesday	2-3 p.m.	Take Care of Me!	You have a picture of yourself in your head. You tell yourself a story about who you are, why you do what you do, the qualities that define you and the impact you believe you make in the world. Is that reality or is it time to take care of me?	Lynn Bolin, CMPE, director, Primary Care, Fisher Titus Medical Care LLC
Tuesday	3:15-4:15 p.m.	What's Your Wellness?: Supporting a Healthy, Engaged Workforce	Understanding current state of frontline staff improves strategies to address burnout and promote wellbeing. The Well-Being Index, measures well-being and connects users with resources. Aggregate data can direct well-being programs. Leaders will share experiences and outcomes of applying quality improvement methodology. Attendees will learn data-driven strategic initiatives to support wellness.	Jenny Michel, DNP, CNP, AC/PC, director, Advanced Practice Providers, Akron Children's Hospital Meghan Weese, PhD, RN, CPN, NEA-BC, NPD-BC, director, Nursing Professional Development & Engagement, Center for Nursing Excellence, Akron Children's Hospital