



Patient Safety Resources

Health Literacy, Consumer Tools, Online Health Information

General

- [Health Literacy | Understanding What Your Doctor Is Saying](#)
It can sometimes be hard to understand what your doctor or nurse are saying to you. This link from the American Heart Association helps you by giving you some questions you can ask to help understand. This can help keep you healthy and make it less likely you will need to return.
 - [National Patient Safety Foundation - Tools and Resources for Consumers](#)
This resource provides valuable information patients and families can use, including education and tools to help keep you safe and informed.
 - [Online Health Information: Can You Trust It?](#)
There is a lot of health information on the internet anymore. Some is good and some is not so good. This article helps you identify how to find good information when searching on the internet.
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Prevention

- [Hand Washing Information - CDC](#)
Washing your hands properly and often is one of the best ways to prevent getting sick.
- [Information on Healthcare Association Infections \(HAI\) - What You Can Do to Be a Safe Patient- CDC](#)
This CDC page has information and an infographic on how to keep yourself and loved ones from getting an infection while at the hospital.
- [About Surgical Site Infections - CDC](#)
Information on what surgical site infections are and how to stay healthy after going through surgery.
- Zika Virus:
 - [About the Zika Virus](#) – CDC
 - [Zika Virus and Pregnancy](#) - American Congress of Obstetricians and Gynecologists
- [Seasonal Flu Activity - CDC](#)
- This CDC page tracks the Seasonal Flu. You can see where the flu is hitting hardest. [What You Should Know About the Upcoming Flu Season](#) – CDC
- [Fact sheet about MRSA Infection - CDC](#)
This fact sheet will help you better understand the MRSA Infection.



- [Information on C. diff. Infection - CDC](#)
This fact sheet takes a look at the C. difficile bacterial infection.
- [ABC's of Antibiotics - APIC](#)
Antibiotics can be very helpful in battling sickness, but only if taken correctly. This will help you better understand your antibiotics.
- [Norovirus - CDC](#): What is the Norovirus?
- [Respiratory Syncytial Virus Infection \(RSV\) - American Academy of Family Physicians](#): What is RSV?
- [About RSV - CDC](#): More information about RSV
- [Protecting Your Baby from RSV - American Academy of Pediatrics](#): How you can keep your family protected from RSV
- [RSV Infographic - CDC](#): Additional information on keeping your family protected from RSV
- ["Crypto" Parasite - CDC](#): What is "Crypto"? How can you get it? Learn more about this parasite that lives in infected water
- [Acute Flaccid Myelitis](#)

Helping you stay healthy:

Below is information on recommended vaccines for all ages. Vaccines are a safe and easy way to protect yourself from many diseases.

- [What are some of the myths – and facts – about vaccination? - World Health Organization](#)
- [Immunization Schedule - CDC](#)
- [Vaccines and Pregnancy - CDC](#)
- [Interactive Childhood Immunization Schedule - CDC](#)
- [Vaccine Information Statements - CDC](#)
- [HPV Vaccine - CDC](#)
- [Harmful Algal Blooms](#) – Environmental Protection Agency
- [Ohio Algae Information for Recreational Waters](#) - Ohio EPA
- [Scabies: Frequently Asked Questions](#) - CDC



Infections – prevention and background information

- [Hand washing](#)
 - [Preventing healthcare associated infections](#)
 - [Surgical site infections](#)
 - [Flu season](#)
 - [MRSA](#)
 - [C.diff](#)
 - [Norovirus](#)
 - [Respiratory syncytial virus \(RSV\)](#)
 - [Parasites - Cryptosporidium \(also known as "Crypto"\)](#)
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Immunization Safety

- [General overview](#)
- [Recommended immunizations – adults](#)
- [Recommended immunizations – children from 7 through 18 years old](#)
- [Recommended immunizations – children from birth through 6 years old](#)
- [Interactive immunization schedule \(children\)](#)

Vaccine Safety

- [Vaccine Information Statements](#)
 - [Vaccinations – pregnancy](#)
 - [Human Papillomavirus - HPV vaccination](#)
 - [Mumps vaccination](#)
 - [Measles vaccination](#)
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Preventing Falls

- [STEADI \(Stopping Elderly Accidents, Deaths & Injuries\)](#)
- [Guidelines for Preventing Falls - AAOS](#)
This resource offers advice on lifestyle choices and changes around the home that can help prevent falls.
- [Slip, Trip and Fall Protection for Older Adults - National Safety Council](#)
Additional resources related to falls in older adults
- [Balance and Falls: Home Safety Tips - American Physical Therapy Association](#)
If you are taking care of someone who is at a higher risk for falls, this video provides tips on keeping them safe



- [Pediatrics - Fall Prevention in the Healthcare Setting - Nationwide Children's Hospital](#)
Children can also be at risk for falling at the hospital. This hospital handout can help you prevent this from happening.
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Provider/Hospital Visit Preparation

- [OPSI Inpatient Guide](#)
- [Preparing for Surgery](#) (ACOG)
- [Birth Planning](#) (March of Dimes)
- [Going to the Doctor](#) (pediatrics)
- [Discharge Planning Checklist](#)
- [Preparing your home after hospital](#)
- [Preparing for Surgery](#)
- [Anesthesia 101](#)