Post-Intensive Care Syndrome

Mental Health
- Depression
- Anxiety
- PTSD

Cognitive Impairments
- Executive Function
- Mental Processing Speed
- Visuo-spatial
- Memory
- Attention

Physical Impairments
- Muscle Weakness
- Physical Impairments
- Pulmonary Function

Measurements and Mini-Health: Three major themes emerged from the conference regarding: (1) raising awareness and education, (2) understanding and addressing barriers to practice, and (3) identifying research gaps and resources. Prehospital care was agreed upon as the recommended form to describe new or worsening problems in physical, cognitive, or mental health arising after critical illness and preventing beyond acute care hospitalization. The forum could be applied to either a survivor or family member.

Conclusions: Improving care for intensive care survivors remains a challenge. Strategies need to be developed to address the major issues arising from the conference to improve outcomes for survivors and families. Crit Care Med 2013; 41(S):323.

The phenomenon of post-intensive care syndrome has been described and characterized, and various ways to address it have been proposed.

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